

DRAGON CLAW

Rheumatoid Disease Self-Care

Dragon striding forward.....

What a time!

The dragon has been striding forward this month. Starting from scratch with our new website launched in March we now have over 2,000 visits monthly and receive new memberships daily from 15 countries. Our Directors have been meeting with international UK counterpart and gained the respect of the Australian health leaders by our meeting between Founder and an Outback clinician together with an invitation from Global Access Partners to a round table forum on Recovery at Work at NSW Parliament House.

Strategic Roundtable on Recovery at Work

Dragon Claw directors Denis Tebbutt and Susan Hughes were recently attended a Strategic Roundtable at NSW Parliament House hosted by Global Access Partners. The Recovery at Work forum was facilitated by Dr. Norman Swan, Host of the Health Report on ABC Radio National. Guests included senior academics, health and risk leaders representing NSW government and big business.

The dragons were heartened to learn about new business leadership-driven policies embracing proactive duty of care for the health of their employees. Geoff Hoad at Optus reported that his company had managed to encourage over 70% of its employees to participate in the national Bowel Testing campaign. Dragon Claw's Susan Hughes shared her personal workers compensation experience where she faced an adversarial workplace culture. Susan said 'I was delighted to learn that Ramsay Health now has an executive representative regularly attending their return-to-work meetings with injured employees and coordinators.' 'It is great to hear that Australian business health leaders are working on proactive policies to empower their workers to self-care, which is what Dragon Claw is all about. Our www.dragon-claw.org provides information and support to encourage sufferers, carers and supporters of Rheumatoid Disease and Lupus to engage in our on-line community. Our members feel less isolated by being able to focus on self-care and care-coordination to enjoy a better quality of life'.



A leading information based
marketing consulting firm -
www.ntf.com.au



Health sector publisher and
marketer -
<http://www.princeton.com.au>



Lone
Alarm

Your phone calls for help
when you can't -
<https://lonealarm.com>

www.dragon-claw.org



I-r Channele McEnallay , Chief Risk Officer (Aust.) National Safety, Property & Environment Manager, Ramsay Health Care, Denis Tebbutt, Director, Dragon Claw, and Susan Hughes, Director and Patient Committee Chair, Dragon Claw.

Reaching out in Outback

Dragon Claw's Founder Michael Gill and his wife Chris recently visited Alice Springs where they had the opportunity of meeting with a local member who through their local clinical work provided us with invaluable knowledge about how outback RA & Lupus patients need better information resources and support. Susan Hughes our Patient Committee Chair is working on ways to introduce informational resource customised to reach all Ourback patients, especially Aboriginal communities where there is a higher number of patients with our diseases than the national average... We will be encouraging them to self-care in partnership with their clinicians and support workers.

New on Dragon Claw. Articles about iron, depression and the medical profession plus a new video – *you are what you eat*



Dragon Claw Founder Michael Gill with his wife Chris Law enjoying their recent visit to the stunning Outback near Alice Springs.

International Affairs

United Kingdom meeting



Dragon Denis Tebbutt has recently travelled to London and met again with Ailsa Bosworth, CEO of NRAS our inspirational counterpart organisation. Alicia and her team have worked hard over the many years to support the needs of their patients and carers and have grown to be operating with 12 staff. We are most appreciative to have this opportunity to learn from our UK friends on best way and challenges to grow our organisation.

Spanish Publication

We have recently been featured in the Spanish Journal of Social Health Responsibility -

<https://www.responsabilidadsocio sanitaria.com/secciones/equidad/cuidado-aumentado-un-nuevo-modelo-para-acabar-con-la-rigidez-de-los-sistemas-de-salud-5588>



The Pharmacy
Guild of Australia

<http://www.guild.org.au>



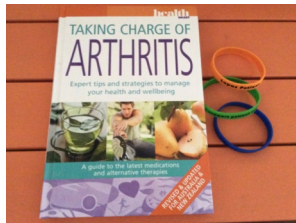
An independent non-profit
public policy think tank -
www.globalaccesspartners.org



We solve complex legal problems -
<http://www.bakermckenzie.com/en>

Your Story - win this book and wrist ban

Share your story as a patient, carer or supporter of RA, Lupus or Juvenile Idiopathic Arthritis and win this latest Readers Digest edition on Taking Charge of Arthritis – Expert tips and strategies to manage your health and wellbeing. Our thanks to Pfizer and Leigh Laurance.



Check out our My Story postings in our Big Ideas section on www.dragon-claw.org where you will read the published stories and ideas to use for writing your story. Spend half an hour and write your story on one A4 page in MS Word and email to Info@dragon-claw.org giving us your name and address with subject line 'My Story'. You can just cut/paste the following 12 questions and your answers could be your Story!

Our DGR Application - to make tax-deductible donations

Since our launch Mike has been busy completing our Deductible Gift Recipient (DGR) application. This status will encourage people to make tax-deductible donations to our not-for-profit organisation. We will be singing from the rooftops when we receive approval of our application...watch this space!

Growth Workshop Planned

We have a workshop on Business Development and Growth planned for Sept 2nd in Sydney. Our supporter Amanda Collins who has a family member with Lupus and understands the importance of patient and carer self-care will facilitate it. Amanda is a highly experienced International HR and Change Management consultant and facilitator. Our Strategic Advisors and Sponsors please mark this date and we look forward to drawing on your collective wisdom to grow the dragon together. Enquiries Susan 0421459 747.

<https://www.dragon-claw.org>

AIM

Dragon Claw provides information, community and support.

Why The Name?

Rheumatoid Disease (RD) can be felt like an unpleasant animal moving around the body biting and scratching. Occasionally, the dragon rears up and breathes fire, which is felt as a flare, hence the name.

Our Patron

Dr. Mukesh Haikerwal AO former National President of the Australian Medical Association. He is currently a board member of Beyond Blue and Chair of the Australian Institute of Health and Welfare.

Encouraging self-care and care co-ordination to reduce isolation and stress



Global Pharmaceuticals
www.pfizer.com.au



Pathways based on scientific knowledge and the accumulated wisdom of many cultures -
www.pathways2wellbeing.com.au



Health information, personalized –
www.medivizor.com



British Medical Journal
www.BMJ.com